



Engaging Students with Poverty in Mind

Engaging for Positive Climate

#4 Emotional Positivity

Upbeat states boost overall happiness and psychological growth for learning. Positivity also lowers levels of cortisol thus reducing the effects of chronic stress and such symptoms as impulsivity and poor short-term memory. As a bonus, positive emotions help reduce absences and boost resilience to adversity

Make sure to offer three positive affirmations for every one reprimand or error correction.

Your classroom should provide an upbeat and affirming experience for every student, every day – no exceptions.

Solutions you can use (p. 48):

1. Use emotional punctuation.
2. Pump up positive classroom responses.
3. Accentuate the positive.
4. Use variety in your clapping celebrations.
5. Raise students' expectations about their potential to go to college.